



# Junior Tennis Academy

## Red Class (Ages 5-8)

- Slower play on smaller court
- Shorter rackets and low compression balls enable earlier rally/play
- Development of fundamental technique and simple tactics

## Orange 1 Class (Ages 7-10)

- Play is faster than the red ball
- Equipment begins to advance with a larger court, racquet, and the orange ball
- Implementation of intermediate technique and tactics
- Introduction to novice competition and Play Days

## Orange 2 Class (Ages 7-10)

- Play is faster than the Orange 1 class
- Compression adjust for the child's growth
- Implementation of advanced techniques and tactics
- Introduction to sanctioned novice events, tournament play, and the green ball

## Green Class (Ages 9-12)

- Green classes utilize a full 78' sized court
- Compression adjusts closer to the yellow ball
- Implementation of advanced technique, tactics and competition strategy
- Introduction to sanctioned tournament play and the yellow ball

## Yellow Class (Ages 10-18)

- Advanced tournament players
- High school, state, and USTA Missouri Valley tournament level players
- Seeking college scholarships
- Focus on proper stroke production, footwork, tournament prep, mental toughness, fitness and nutrition

*Potential students are placed in the correct classes by either a verbal interview or 30-minute on court evaluation. Placement is determined by both age and ability. Each class introduces the next ball to the players as they advance which allows for a continuum of training within the program.*

