

MET FIT TRAINING SCHEDULE



THE MET | CENTER CLUB
THE DOWNTOWN CLUBS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

6AM

XIXI

ERICK

JUDY

ERICK

XIXI

12PM

STEPHANIE

RHABBY

XIXI

RHABBY

JUDY

6PM

SHANNON

JUDE

SHANNON

SHANNON

To sign-up, email jared.vinoverski@clubcorp.com OR stop by the trainers' office!

****MetFit Training currently only offered at The Met****